



St. ALOYSIUS COLLEGE ALUMNI ASSOCIATION SACAA NEWSLETTER

From Sep 2024
To April 2025

For Private Circulation Only

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President

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Rev. Dr Praveen Martis SJ
Vice Chancellor-St. Aloysius (Deemed to
be University).
Director -SACAA

Message from the Director...

Dear members of SACAA,

It is with immense joy and excitement that I write these few lines in appreciation of the wonderful initiatives that SACAA has undertaken in bringing together the alumni of the Aloysian institutions during the past few months. The contribution of SACAA in enhancing the public image of the institutions and supporting the management has been highly commendable.

The last few months were filled with a plethora of activities related to collaborative events, student-alumni interactions, recognitions and awards, fellowship activities, health & environmental awareness and fellowship picnic. The eye-catching and splendid events were the Annual Reunion-2025 and the Eminent Aloysian Alumni Awards – 2025. OOI place on record the hard work, leadership and team spirit displayed by SACAA, especially the President, Secretary, Executive Council members and the office staff in conducting all these activities with aplomb. There has been great appreciation for their commitment and dedication to the spirit of SACAA.

I would like to share some of the novel initiatives launched by St Aloysius (Deemed to be University). I am extremely delighted to inform you that we have applied to the Bar Council of India (BCI) for the School of Law under the University. The inspection has been conducted and the compliances have been submitted. We are awaiting the formal approval and sanction of the Law programmes. Another venture that we like to share with you is starting some select IT related Engineering programmes under the University. The proposal has been submitted and we are awaiting the inspection and other processes related to the approval and sanction of the programmes. Your support, wishes and prayers will go a long way in realizing these projects in an expedited manner.

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The focus as a University is to expand the curricular programmes, infrastructure development, enhancement in student enrolments, placements, twinning programmes and engaging public image building exercises so that we move confidently towards placing our University among one of the best in the country and the globe.

I seek the support and engaging contribution from SACAA as a partner in taking this legacy forward. I congratulate the SACAA team led by Mr Anil Kumar, Office bearers and members of the Executive Council for their efforts in keeping the Association ever vibrant and dynamic.

Long Live SACAA!

Rev. Dr Praveen Martis SJ

Vice Chancellor-St. Aloysius (Deemed to be University).

Director- SACAA





Mr Anil Kumar J
President- SACAA

Dear Aloysian Alumni,

Greetings from SACAA! It is always a pleasure to connect with our ever-growing Aloysian family through this newsletter. As we look back on the past months, we take immense pride in the milestones we have achieved together.

The Aloysian Reunion was a resounding success, bringing together alumni from different batches and walks of life. It was truly a moment of nostalgia, as we rekindled friendships, celebrated achievements, and strengthened our bond with our alma mater. The event also provided a wonderful platform to honor distinguished alumni who have brought pride to St. Aloysius College.

Alongside the reunion, SACAA also successfully hosted sports events, reinforcing the values of teamwork, discipline, and excellence that have been ingrained in us since our student days. The enthusiasm and participation from alumni made these events truly memorable, proving that the Aloysian spirit continues to thrive beyond the college walls.

As we move forward, let us continue to uphold the spirit of camaraderie and service that defines us as Aloysians. I encourage all of you to stay connected, participate in upcoming events, and contribute in any way possible to support our beloved institution and its students.

Thank you for your unwavering support, and I look forward to seeing you at our future gatherings.

Once an Aloysian, always an Aloysian!

Mr Anil Kumar J
President - SACAA





Dr Alwyn V. D'Sa
Editor-SACAA
newsletter

Message from the Editor..

SACAA has been a veritable example and source of dynamism and proactive action during the past few months. The activities and events were innumerable, and its support and generosity towards the Aloysian institutions, commendable. There has been a significant enhancement in membership and the efforts at connecting the alumni with students have been enormous. The series of events and activities were engaging and gratifying. The engagement between the state, zone, national and global level of alumni associations has been ever vibrant and heartening. The involvement of SACAA with the various initiatives of the management and institutions demonstrated the goodwill and generosity of the alumni.

The activities and initiatives brought the alumni together in a bond of friendship and fellowship. The Sports and Games event in the run-up to the Foundation Day had a special and additional spark of excitement. The Reunion-2025 had a special camaraderie with the unique treasure hunt that spurred enthusiasm among the alumni and students alike. The Reunion witnessed a record attendance with the usual fun and frolic, music and dance besides the lip-smacking food and beverages.

The regular alumni interactions have added value to the institutional image and have facilitated engaging collaborations insightful resources to the students. The icing on the cake was the eminent Aloysian Alumni Awards-2025 that attracted the alumni, staff and students. Five of our alumni were conferred the Eminent Aloysian Alumni Awards in the packed LCRI Hall. It was an exciting and memorable scene to witness the inspirational Aloysians and their distinctive achievements.



Bringing out the E-Bulletin of SACAA is a hard and back-breaking work. I must express my deepest gratitude to the President of SACAA who relentlessly worked to ensure that Newsletter is published on time. The entire onus and credit must go to the President, Mr Anil Kumar and the creative and talented office staff Ms Shreya, who have put their heart and soul in bringing out this Newsletter.

May this Newsletter with all the reports, articles and colorful pictures disseminate the vibrant activities and exemplary initiatives of SACAA to all alumni across the globe and spread the good work done by SACAA! Let the Newsletter be a vehicle carrying the Aloysian values and distinctions to the world.

Long Live SACAA!

Dr Alwyn V. D'Sa
Editor-SACAA



St ALOYSIUS ALUMNI ASSOCIATION OFFICE BEARERS ELECTED FOR THE TERM 2024-2026

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Rev Fr Melwin. J. Pinto S.J

DIRECTOR



Rev Dr Praveen Martis SJ

HON. PRESIDENT



Mr Anil Kumar J

HON. VICE PRESIDENT



Mr. Sumith Rao

HON. SECRETARY



Mr. Conrad T Nazareth

HON. JT. SECRETARY



Mr.Venu Sharma

HON. TREASURER



**Mrs Zeena Flavia
Mendonca**

Executive committee members



Mr Santhosh Kumar Kadri



Prof. Edmund Frank



Mr N.G. Mohan



Mr Michael Dsouza



Mr Stephen Pinto



Mr Sunil Kunder



Mr Allan Colaco



Dr Arati Shanbhag



Mrs Savitha Maria D'souza



Mr Denis Albert Lobo

Prof. Edmund Frank from SACAA represented India at the Governing Council meeting of the Confederation of World Union of Jesuit Alumni Associations held at Sophia University, Tokyo, Japan as a special invitee from 10 to 12 October 2024.



The book on Production and Operations Management authored by Prof Edmund JB Frank, St Aloysius (Deemed to be University) Mangalore was jointly released by the Chancellor of the Sophia University in Tokyo, Japan and the President of the Confederation of the World Union of Jesuit Alumni Associations (WUJA) at the Governing Council meeting of WUJA at the Sophia University, Tokyo in Japan on 11 October 2024

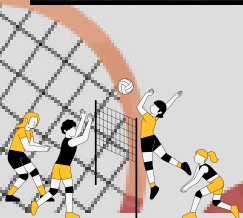


The SACAA President Mr. Anil Kumar and members of the SACAA Executive Committee felicitated Rev. Dr. Praveen Martis SJ, Vice Chancellor of St. Aloysius (Deemed to be University), for being nominated as the Best Principal 2024 by the All India Association for Christian Higher Education (AIACHE) .

Dr. Alwyn Vincent D'sa was recognized as the Best Innovative Faculty by AIACHE on 22 November 2024

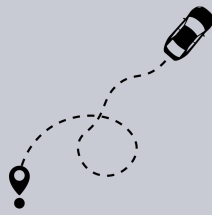


SACAA organized a cricket tournament for men and throw ball tournament for women and track events both for men and women on 15 December 2024 at the St Aloysius college grounds. Mrs Savitha D'Souza was the Convenor for the events.



A Treasure hunt on wheels was conducted for the first time within the Mangalore city limits on 5 January 2025, as part of the SACAA Alumni Reunion. Mr Sumith Rao, SACAA Vice President was the Convenor of the event.



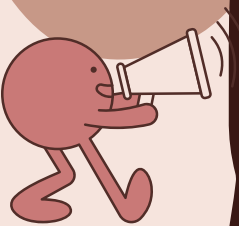


January 5, 2025: For the first time in its 144-year history, St Aloysius College hosted an exciting treasure hunt exclusively for its alumni on Sunday, January 5, 2025. Organized under the banner of the St Aloysius College Alumni Association (SAACA), the event brought together alumni from various generations, fostering camaraderie and nostalgia.

The event was inaugurated by Fr Melwin Pinto, Rector of St Aloysius College, who flagged off the first car at 8:00 AM. The event was convened by Sumith S. Rao, with the support of Anil Kumar J., President of SAACA..

A total of about 20 teams, each comprising four members, participated with great enthusiasm. The event featured participants from diverse age groups, including children as young as four and a spirited 84-year-old alumnus, Mr. Winston. Families and individuals joined hands for this fun-filled and intellectually stimulating challenge, making it a day to remember for everyone involved.

In the General Category, Vikyath Shenoy Basti, Dr. Vaishnavi Basti, and Divya Kini secured first place, while the second place was claimed by Dr. Richard Gonsalves, Ms. Andrea Gonsalves, Ms. Ancita Gonsalves, and Mr. Naveen Mascarenhas. The Women's Team category winners were Dr. Arathi Shanbagh, Rebecca Zoie Mendonca, Zeena Flavia Dsouza, and Renisha Dsouza.



The St. Aloysius College Alumni Association (SACAA) celebrated its much-awaited Alumni Day on 12th January 2025 .



The programme began with a special invocation dance performed by Swathi Bhat and team and choreographed by Mr. Dinesh, a Kannada professor at the college. SACAA President Anil Kumar J. highlighted the significance of Alumni Day. Sumith S. Rao, convener and chairman of the event, welcomed the gathering and served as the master of ceremonies. Conrad Nazareth, SACAA Secretary, delivered the vote of thanks. The event drew more than 600 alumni, who reconnected with old classmates and friends to celebrate their shared legacy.



Article by Alumnus



Prof. Edmund Frank
Executive Committee Member -SACAA.
&
Dean -PGDBM,
St Aloysius (Deemed to be University).

Elusive Answers

Some questions defy answers and have plagued humanity for centuries-like the age-old riddle, “Which came first, the chicken or egg?” or the ever complicated, “When will the Middle East conflict be resolved?” Despite the countless debates and theories, such questions remain unresolved.

To that list, I would add another question-less global, yet equally maddening-that deserves a spot on the list, a more domestic mystery: “Why does the phone always ring when you are in the shower?” Science hasn’t cracked it. And logic? Logic took one look and ran screaming into the hills. I have, tried in vain to find a logical explanation, but it remains as baffling as the rest.

One man I know did not bother searching for an explanation, nor was interested in understanding the phenomena. He simply accepted it as a universal truth-he was waiting for an important call one day and, recalling the strange truth of the “shower effect”, decided to take advantage of it.

His plan? Take a shower. Yes, a full shower. Not a pretend sprinkle.

So, he went into the bathroom, undressed, stepped into the shower, turned on the water, and lathered his hair with shampoo. Sure enough, right on queue-two minutes in, hair foamed to perfection-the phone rang.

Success! He leapt out-water dripping wet, studs trailing behind him like a snail, and grabbed the phone and answered it breathlessly...only to discover it was a wrong number.

What he had forgotten was the second part of the unwritten law: the call you get while in the shower is never important.

(PTO)



Why does this happen? No one knows. Maybe it is one of life's little tricks-a cosmic joke reminding us that, no matter how much we try to outwit fate, some things are simply out of our hands.

Another unanswered question is "Why do men act like perfect gentlemen with all women except their wives?" Men think they know the answer to that one, but the answer they know differs dramatically from the answers their wives know. To a person who, like myself, wishes to remain neutral and keep an open mind, the two "reasonable" answers tend to cancel each other out like an algebra problem gone rogue and leave the original question a mystery.

The result? You are left staring into the abyss, where logic dies and mystery thrives. So why does this happen? Habit? Comfort? Selective amnesia? Who knows? All we can say for sure is: when he is offering his seat to a stranger and ignoring your subtle back pain-you are not alone. Many have asked. No one has solved.

Further: Why is it that the world witnesses only enough developments every day to fill a newspaper or half an hour of TV news per day?

Also: Why is that roads around the world are first paved and then dug up for the installation of sewer pipes and various cables?

We have all wondered why banks will lend you money only if you prove that you don't need a loan and also wonder why the bank's loan officer is never as nice as the man who advertises the bank on the television.

And why is it that we only get the answer at midnight? Why is it that when people say something clever (and nasty) to us, we think of a beautiful response that would have devastated them only after we have gone home, had dinner and gone to bed? I think I will go home, have dinner, go to sleep and hope for an answer.

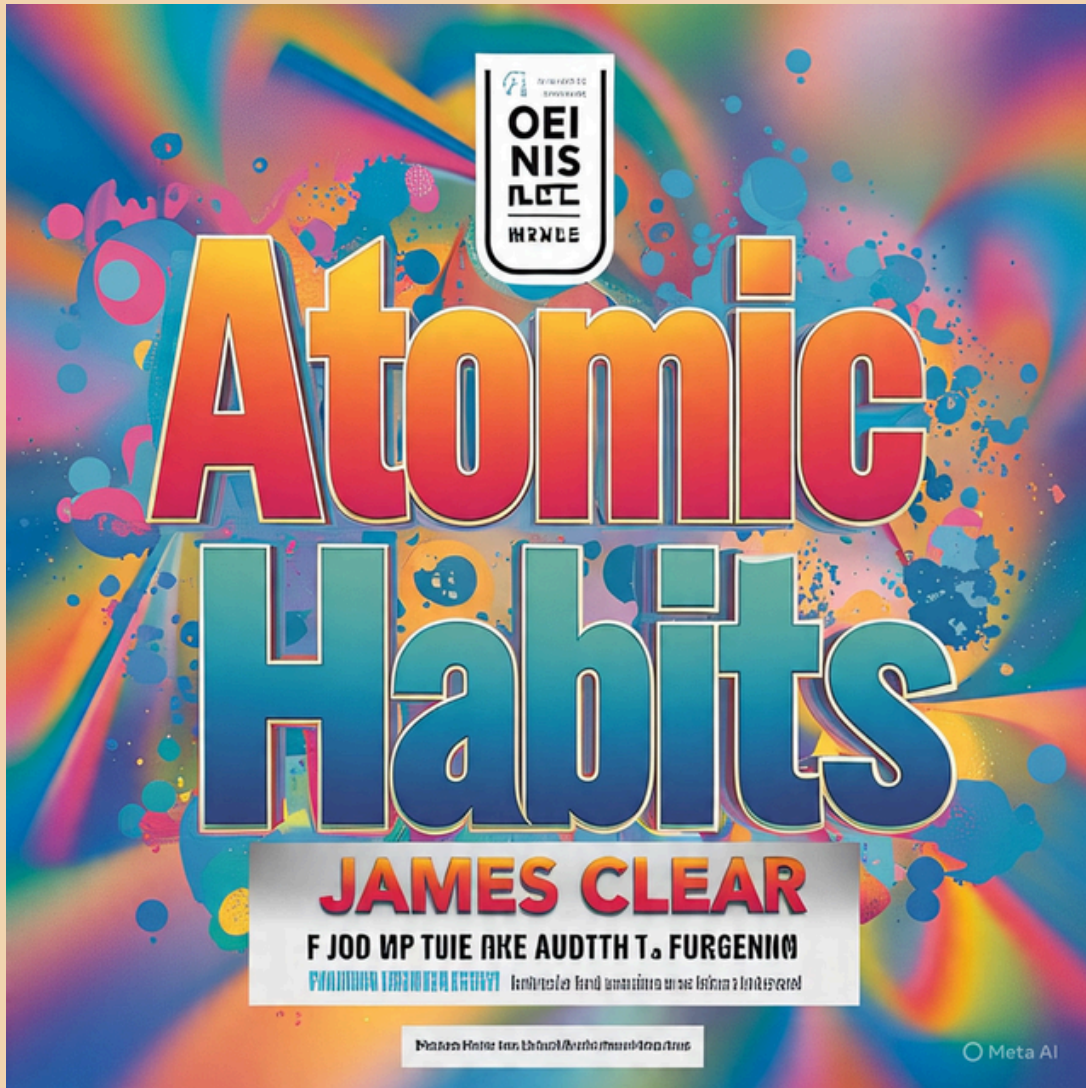




REVIEW OF THE BOOK ATOMIC HABITS BY JAMES CLEAR



Dr Alwyn V. D'Sa
Editor-SACAA





A GAME-CHANGING GUIDE TO BUILDING GOOD HABITS



"ATOMIC HABITS" BY JAMES CLEAR IS A GROUNDBREAKING BOOK THAT OFFERS A COMPREHENSIVE GUIDE TO BUILDING GOOD HABITS AND BREAKING BAD ONES. WITH ACTIONABLE STRATEGIES AND REAL-LIFE EXAMPLES, CLEAR PROVIDES A STEP-BY-STEP APPROACH TO TRANSFORMING YOUR HABITS AND ACHIEVING YOUR GOALS.

KEY TAKEAWAYS:

- THE POWER OF SMALL WINS: CLEAR DEMONSTRATES HOW SMALL, INCREMENTAL CHANGES CAN LEAD TO SIGNIFICANT IMPROVEMENTS OVER TIME.**
- THE AGGREGATION OF MARGINAL GAINS: THIS CONCEPT, INSPIRED BY THE BRITISH CYCLING TEAM, SHOWS HOW SMALL, CONSISTENT GAINS CAN LEAD TO REMARKABLE RESULTS.**
- THE 4 LAWS OF BEHAVIOR CHANGE: CLEAR'S FRAMEWORK PROVIDES A CLEAR ROADMAP FOR CHANGING HABITS, MAKING IT EASY TO APPLY THE PRINCIPLES TO YOUR LIFE.**

STRENGTHS:

- ACCESSIBLE AND ENGAGING: CLEAR'S WRITING STYLE IS ENGAGING, MAKING COMPLEX CONCEPTS EASY TO UNDERSTAND.**
- ACTIONABLE ADVICE: THE BOOK IS PACKED WITH PRACTICAL STRATEGIES AND TECHNIQUES.**
- EVIDENCE-BASED: CLEAR DRAWS ON SCIENTIFIC RESEARCH TO SUPPORT HIS CLAIMS.**

OVERALL:

"ATOMIC HABITS" IS A MUST-READ FOR ANYONE LOOKING TO IMPROVE THEIR HABITS AND ACHIEVE THEIR GOALS. WITH ITS ACTIONABLE ADVICE AND ENGAGING WRITING STYLE, THIS BOOK IS A VALUABLE RESOURCE FOR PERSONAL GROWTH TRAJECTORY.



BMSF Tournament

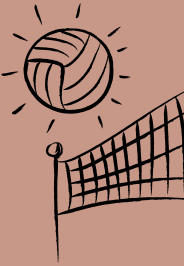


BENJAMIN MEMORIAL SPORTS FOUNDATION

Unleash the sports talents within you
Cordially welcomes you to
SPORTS FEST - 2025
An Invitational Inter-School Tournament



January 30, 2025 @ 8.30 am
St. Aloysius High School Ground



BENJAMIN MEMORIAL SPORTS FOUNDATION



SPORTS FEST - 2025
An Invitational Tournament for High Schools



About the Tournament

BMSF is all about development of a sports ecosystem in St. Aloysius Institutions, starting from the grass root levels. The road ahead is unenviable and demands consistent effort. BMSF aims at developing self sustainable resources, and forms a platform for the present students to explore their sports potential and create a sports culture.

BMSF in the second year of its initiation is embarking into conducting tournaments for primary and high schools as part of its primary stage of sports development in St. Aloysius Institutions. The tournament aims at providing opportunities for children to taste sports competitions and benefit from the physical and psychological development that can be derived from a competitive atmosphere.

You are cordially invited to attend the events and contribute and be a part of its

Alumni Reconnect at SACAA Picnic 2025



The St Aloysius College Alumni Association (SACAA) organized a lively get-together and picnic on Tuesday, 4 March 2025, at Anuradha Homestay near Farangipet. Coordinated by Mr Venu Sharma, the evening brought together alumni for an enjoyable time filled with camaraderie, fun games, and a relaxed atmosphere





Eminent Aloysian Alumni Award 2025

The St Aloysius College Alumni Association hosted the Eminent Aloysian Alumni Award 2025 on Saturday, March 8, at Fr LF Rasquinha Hall, St Aloysius (Deemed to be University). The award was conferred upon five distinguished alumni for their outstanding achievements in their respective fields:



- **Mr Kanyana Sadashiva Shetty** –Chairman & Executive Director ,Heranba Industries Limited .
- **Mrs Lucy Mariappa** – CIO of the Year awardee.
- **Dr Gurukiran Shetty** – Renowned music director.
- **Dr. Oscar G. Concessao** – International award-winning architect.
- **Mr James Vincent Mendonca** – Entrepreneur & philanthropist.



Rector Fr Melwin Pinto SJ expressed pride in the honourees, saying, "For all five awardees, it feels like coming back home. Your success fills us with pride. You must have dreamed big to achieve what you have and overcome challenges with perseverance and struggle."



St Aloysius Introduces with Law and Engineering Programs



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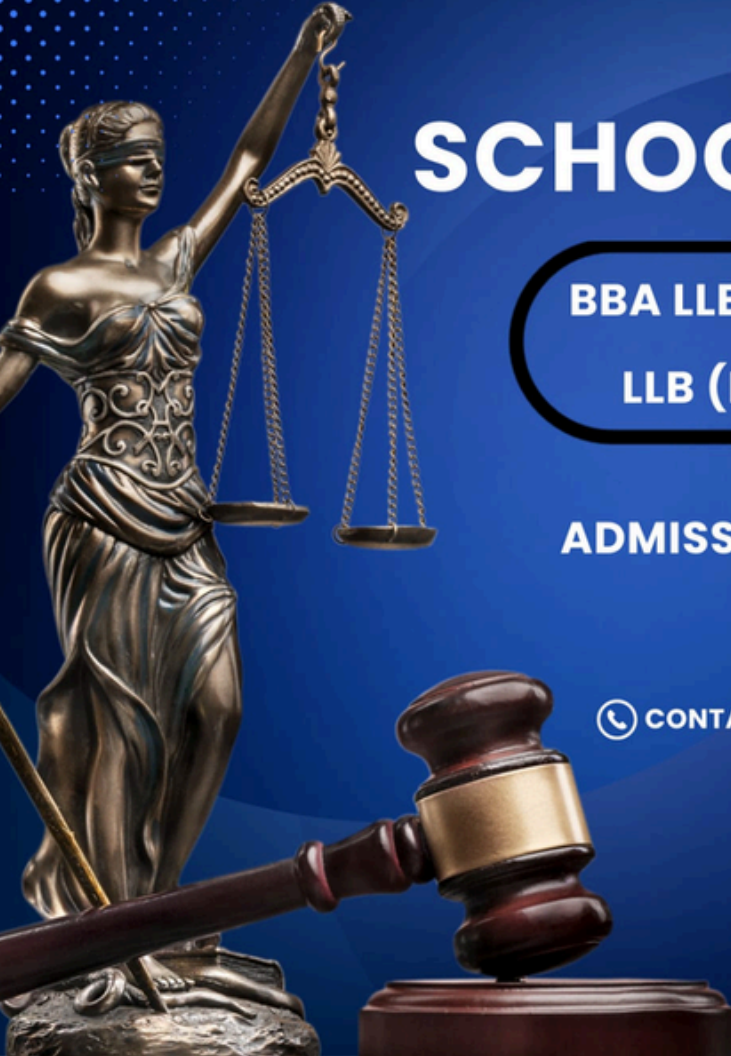
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FAREWELL PROGRAMS TO FINAL YEAR OUTGOING STUDENTS: FROM 10TH MARCH 2025 TO 14TH MARCH 2025.



A Tribute to Jesuit Leadership: Dual Release of Book and Newsletter by Prof. Edmund JB Frank on 26th April 2025



The book titled "Shaping India's Constitution and Diplomacy: Fr Jerome D'Souza SJ" authored by Prof. Edmund JB Frank was jointly released by the Provincial of the Chennai Province and the Rector of Loyola College Chennai at the South Zone Jesuit Alumni Associations of India Conference on 26 April 2025. On the same occasion the JAAI South Zone Newsletter edited by Prof Edmund JB Frank was also released by the Provincial.

South Zone JAAI Congress 2025



The South Zone JAAI Congress 2025, organized by the Loyola Institutions Alumni in Chennai, took place on 26–27 April 2025. Over 150 delegates from Karnataka, Kerala, Chennai, Madurai, Telangana, and Andhra gathered for this important event. The inaugural function on 26 April was presided over by Rev. Dr. Robin SJ, Rector of Loyola Chennai, with Rev. Fr. L. Jebamalai Irudayaraj SJ delivering the keynote address. During the ceremony, Prof. Edmund Frank's book on Rev. Dr. Jerome D'Souza was launched, and the fifth bulletin of the South Zone JAAI was released. Dr. Richard Gonsalves, President of the South Zone JAAI, emphasized the importance of collaboration among alumni units and concluded the session with a vote of thanks.





South Zone JAAI Congress 2025

A special talk by Dr. Sujith Kumar, founder of Matram Foundation, on “Transformation through Jesuit Education in India’s Contemporary Milieu” was a highlight of the day—captivating and deeply inspirational for all delegates. In the afternoon, provincial representatives presented their reports, with Karnataka’s update ably delivered by Mr. Naveen Mascarenhas. Delegates then enjoyed a campus tour, including a visit to LIBA, followed by a cultural evening featuring performances by students from various Jesuit institutions under the coordination of Mr. Porres.

Day two began with Mass in the college chapel, followed by elections for the next General Council. Mr. Thomas (Chennai) was elected President; Dr. Anthony Stephen (Madurai), Secretary; Mr. Naveen Mascarenhas (SACAA/Karnataka), Treasurer; Advocate Jayaraj (Kerala), Vice President; and Mr. Desu Ramesh (Andhra), Joint Secretary. Each province selected five GC members, including Dr. Richard Gonsalves and Mr. Naveen from SACAA, and Prof. Edmund Frank, Vice President of National JAAI, joined as an ex-officio member. A talk on the history of Jesuit education in India followed.

The valedictory session at 11:30 a.m. on 27 April welcomed the newly elected team led by Mr. Thomas and commended the excellent accommodation and catering arrangements. .



The SACAA delegation comprised seven members, including Mr. Anil Kumar (President), Mr. Conrad Nazareth (Secretary), Mr. Michael D’Souza, Mrs. Gretta D’Souza, Dr. Richard Gonsalves, Prof. Edmund Frank and Mr. Naveen Mascarenhas. The organizing committee, including Rev. Fr. Dr. Louis Albert SJ, Rev. Fr. Paul Benedict SJ, Dr. Anthony Sami, and Dr. Tipston, played vital roles in the smooth execution of the event. Dr. Richard Gonsalves, Ex-President of the South Zone JAAI GC, expressed his delight in the strong representation of their association and reaffirmed their renewed commitment to their alma mater



Dr Richard Gonsalves
Former President
South Zone JAAI GC

